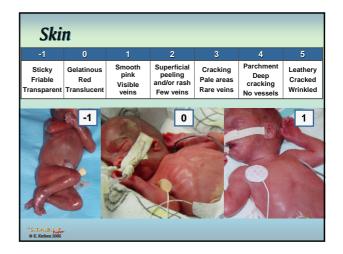
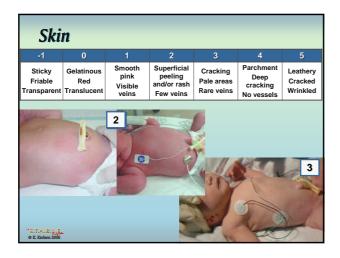
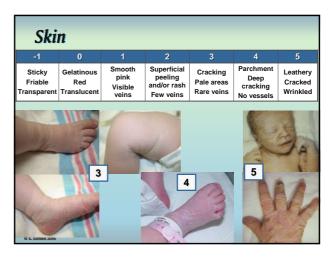


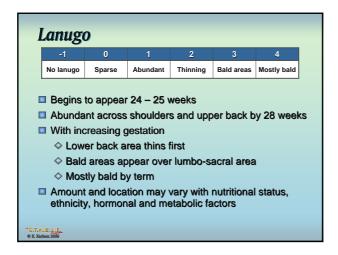
Ballard Exam • Physical Maturity							
Skin	Sticky Friable Transparent	Gelatinous Red Translucent	Smooth pink Visible veins	Superficial peeling and/or rash Few veins	Cracking Pale areas Rare veins	Parchment Deep cracking No vessels	Leathery Cracked Wrinkled
Lanugo	No lanugo	Sparse lanugo	Abundant lanugo	Thinning Lanugo	Bald areas	Mostly bald	
Plantar surface	Heel- toe 40-50 mm <40 = -2	Heel- toe > 50 mm No crease	Faint red marks	Anterior transverse crease only	Creases anterior 2/3	Creases over entire sole	
Breast	Im- perceptible	Barely perceptible	Flat areola no bud	Stippled areola 1-2 mm bud	Raised areola 3-4 mm bud	Full areola 5-10 mm bud	
Eyes / ears	Lids fused: Loosely: -1 Tightly: -2	Lids open Pinna flat Stays folded	Slightly curved pinna Soft slow recoil	Well-curved pinna Soft but ready recoil	Formed and firm Instant recoil	Thick cartilage Ear stiff	
Male Genitals	Scrotum flat, smooth	Scrotum empty Faint rugae	Testes in upper canal Rare rugae	Testes descending Few rugae	Testes down Good rugae	Testes pendulous Deep rugae	
Female Genitals	Clitoris prominent Labia flat	Prominent clitoris Small labia minora	Prominent clitoris Enlarging minora	Majora and minora equally prominent	Majora large Minora small	Majora cover clitoris and minora	



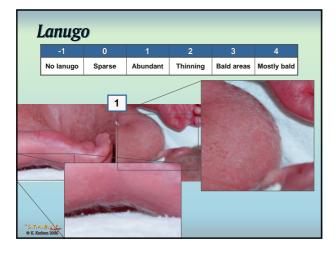
The S.T.A.B.L.E. Program: GA Assessment







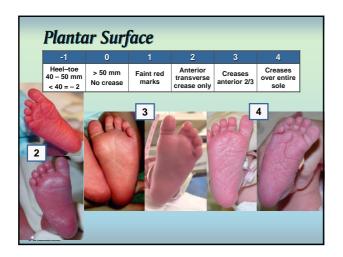


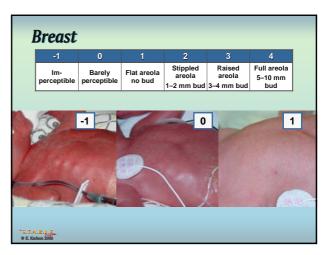


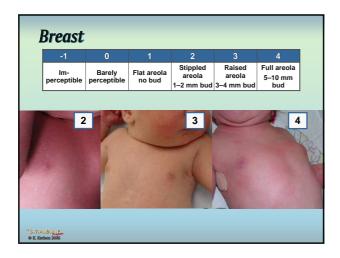


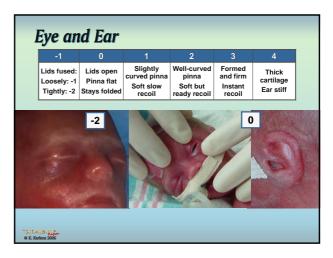


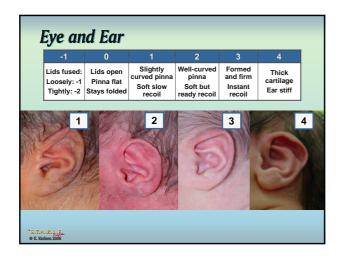


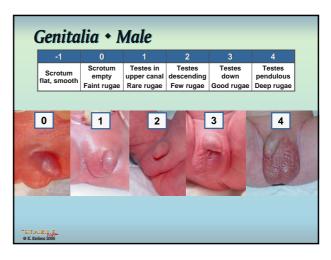


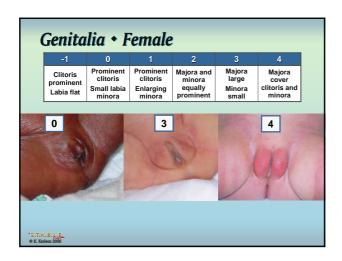


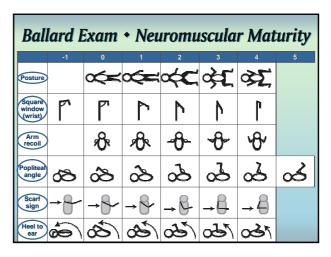


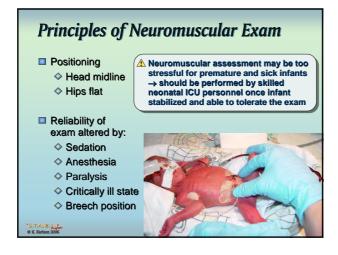


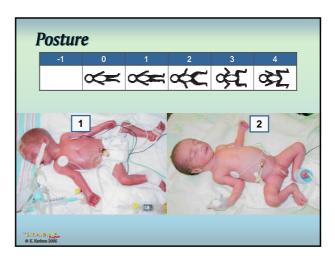




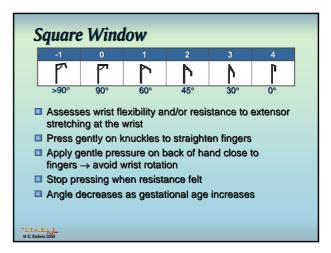


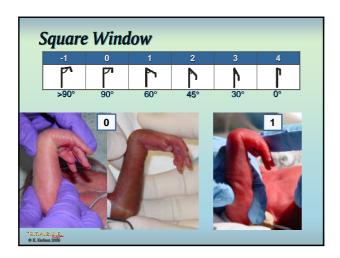


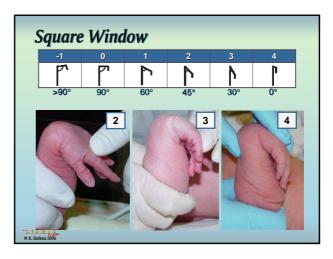


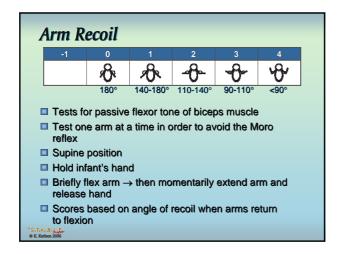


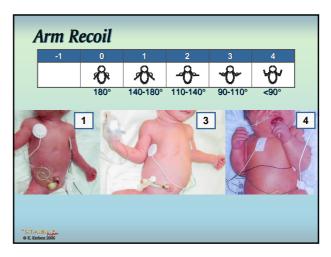


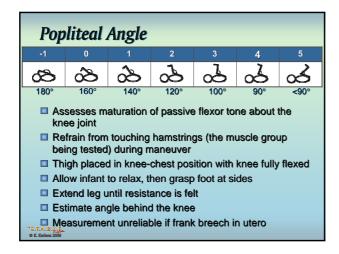


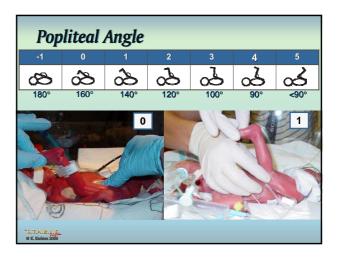


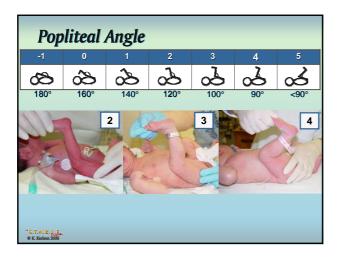










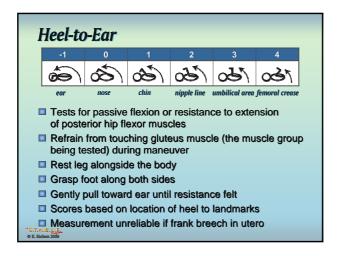


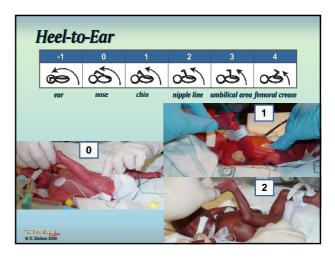




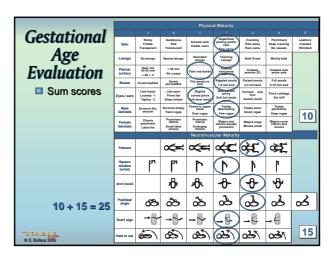


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A detailed monograph and explanation about how to perform the Ballard exam (written by Dr. Ballard), may be found at www.BallardScore.com